Psychology Says:
“Friendship maintains a happy life”

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19-YEAR OLD started blogging after suffering from a breakdown

→ GLOBAL PAGE 25

YOU CAN’T SURVIVE LIFE WITHOUT FRIENDSHIP

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NOVEL OF THE YEAR.
*Reported by: Jebat Adnan*

**Story of My Life Series:** With vs. Without Friendship, a story by a brand new famous author, Aleya Delaila was sold for more than a million copies in just days, worldwide. During the interview, she said that she wasn’t really expecting for her first write up to be sold that fast all around the world. She said that her primary school friends were one of her inspirations.

The story tells about her friendship journey from the day she felt as if friendship was a perfect stranger to her till the day she found that friendship was actually something really meaningful in life.

For her, without friends, she’d be no one. Just a lonely little girl that had no friends. When she was just a little kid, she thought that friends were the ones we met whenever we were at school or when we were playing at the playground.

By the time she reached the age of 5, she then understood that friends don’t have to be specifically the ones who we either interact with in school or at the playground, but friends were the ones who would help us even if we were at the lowest point of our lives.

For example, during her kindergarten’s sports day, she fell and hurt her knees until they bled but unfortunately, no one cared about her except for this one little girl named Diana. Diana came and lent a helping hand to her. She then realized that friends are the ones who will always be there for her when she really needs them. Just like the idiom ‘a friend in need is a friend indeed’.

Since the incident, they had become close friends and always count on each other. This heartwarming 132-pages book is a suitable reading material for all ages; from the youngsters to the elders.